

# FUNDRAISE FOR RSF!

## WHO ARE WE?

We are a charity called the Ruth Strauss Foundation (RSF) and we have two missions

**To help families and children** talk openly to each other when a parent is very ill and won't have much longer to live.

**To help raise awareness** for more research into preventing and treating non-smoking lung cancers.

## WHY DO WE NEED YOUR HELP?

The money you raise will help families when a parent doesn't have much longer to live.

## WHAT IS FUNDRAISING?

Fundraising is an activity undertaken by an individual or group to try and raise as much money as they can for a charity!

If you are fundraising you ask for donations in support of an event or challenge you are taking part in.

The funds raised are then sent to charities, who put it towards helping other people who are in need.

A donation is the act of giving something to charity, for example money or unwanted belongings eg clothes, books, toys.

## WHY FUNDRAISE FOR US?

You might have a personal connection to our charity

To have fun and do something good

To help others

To help make a difference

To show your support

## WHAT IS A SPONSORSHIP FORM?

A sponsorship form is needed when you are taking part in a charity event.

You will need to fill in the details for the person who is sponsoring you. If you need help, please ask an adult.

DID YOU KNOW  
£200 COULD HELP  
A FAMILY FACING  
GRIEF!